



VISHWA BHARTI PUBLIC SCHOOL, NOIDA
The March Is On...



Circular No. 09/2026-27

Date: 28/04/2026

REDUCING THE WEIGHT OF SCHOOL BAGS
(FOR CLASS VI)

Dear Parent

The health and well-being of our students remain our top priority. It has been observed that many students are carrying excessively heavy school bags, which may lead to physical discomfort, poor posture and long-term health issues. Recognizing the seriousness of this issue, the school is committed to addressing it in a thoughtful and systematic manner.

In the interest of students' welfare, several important measures were introduced last year and we are now strengthening these efforts to achieve better outcomes. We seek your cooperation in effectively implementing these steps.

MEASURES UNDERTAKEN BY THE SCHOOL:

- The time-table has been carefully designed so that each subject is scheduled for only four days a week. This ensures that students do not need to carry all books every day.
- Art files will be kept in classroom cupboards and used during art periods. Students will take them home only on the last Friday of each month to complete any pending work.

GUIDELINES FOR PARENTS:

We request your support in ensuring the following:

- Children should carry only the books and notebooks required as per the day's timetable.
- The Mathematics and Social Science syllabus has been divided into terms-wise books. Students should carry the relevant books as instructed by the teacher.
- Kindly avoid sending extra books, toys, bulky tiffin boxes, or any non-essential items to school.
- Only one water bottle is sufficient, as the school provides safe drinking water.
- Please check your child's school bag regularly to ensure that unnecessary items are not being carried.
- Ensure that all books and notebooks are clearly labelled
- Choose lightweight school bags with broad, padded shoulder straps.
- Items such as sports gear, extra shoes, or accessories should be brought only on specified days as informed by the teachers.

Your cooperation is essential in promoting the physical well-being of our students.

Amita Ganjoo
Principal